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TORONTO metro

\$22 MILLION
estimated



**Friday's
Jackpot**

HI-DIDDLY-HO, SIMPSONS AFICIONADOS!

ONE OF THE SHOW'S ORIGINAL ANIMATORS IS HOLDING COURT THIS WEEK IN TORONTO

PAGE 19



Train crash in Spain kills dozens

Derailment in northwest the worst Spanish rail accident in decades, officials say

PAGE 9

Premiers urge inquiry into missing women

Leaders support aboriginals' demand for national investigation

PAGE 9

The fabness of Prince George

A certain city in British Columbia is very pleased with the new royal baby name

PAGE 8



Report rejects TTC takeover of struggling Bixi

Operations. Transit commission is said to be lacking the staff, money and space to assume control of the bike-share system

By the numbers

\$3.9M

Bixi's current debt load.

that the TTC hasn't got the staff, the cash or the space to accommodate Bixi.

Already forced to cut capital transit projects and customer-service improvements because of a lack of funding, "there is no business case to support the

TTC taking on additional expenses to support a non-transit initiative," says the report.

Toronto's year-old Bixi program is carrying a \$3.9-million debt and

struggling to cover its operating costs.

To take over the bike program, the TTC would need to hire more staff — at least one other person — and probably more if Bixi were expanded as has been suggested.

Finally, the TTC doesn't have the space at most of its subway stations for regular bike parking, much less Bixi stands, says the report.

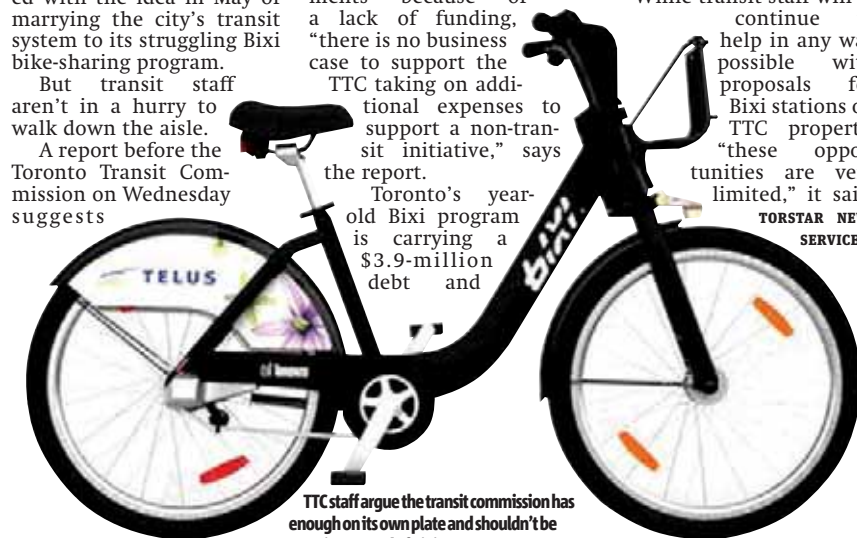
While transit staff will continue to help in any way possible with proposals for Bixi stations on TTC property, "these opportunities are very limited," it said.

TORSTAR NEWS SERVICE

It looked like a match made in heaven when TTC chair Karen Stintz publicly flirted with the idea in May of marrying the city's transit system to its struggling Bixi bike-sharing program.

But transit staff aren't in a hurry to walk down the aisle.

A report before the Toronto Transit Commission on Wednesday suggests



TTC staff argue the transit commission has enough on its own plate and shouldn't be assuming control of Bixi. TORSTAR NEWS SERVICE



LEAF LOVING THE LINKS

Toronto Maple Leafs forward Phil Kessel putts on the first green during the RBC Canadian Open Pro-Am at Glen Abbey Golf Course in Oakville on Wednesday. The Canadian Open kicks off Thursday, with 18 Canadians hoping to end the host nation's drought. No Canadian has won the event since 1954. More coverage, page 32. DAVID COOPER/TORSTAR NEWS SERVICE

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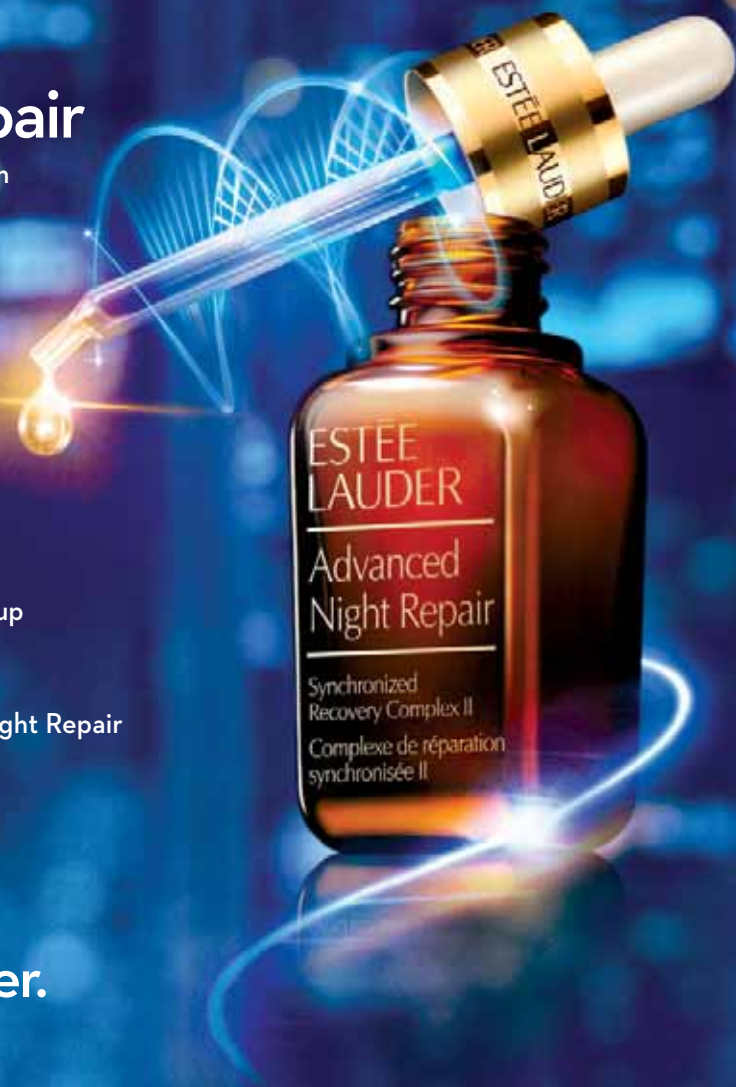
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Red tape. Woman seeks action on building debris

Yolanda Ricciuti hasn't let her daughter play in the family's backyard in North York since Friday. Wet from an afternoon spent playing in her plastic pool, Julie, five, had just stepped indoors when several pieces of sheet metal came thundering down into the yard from a house being built next door, narrowly missing her.

Since then, Ricciuti has been entangled in red tape. The provincial labour ministry inspector visited the site Saturday and ordered the contractor to secure loose materials and debris, but a spokesperson said dealing with Ricciuti's yard isn't in their mandate.

To deal with her backyard — still littered with debris — police and the ministry told her to call the City of Toronto.

After several calls to 311, the city's chief building official, Ann Borooah, said the city has the authority to order cleanup of construction sites but not to take action for any damage such debris might cause.

Ricciuti said she's prepared to take her fight to the mayor's office and, if necessary, the Ontario ombudsman.

TORSTAR NEWS SERVICE



Yolanda Ricciuti and daughter Julie are surrounded by sheet metal that fell into her backyard from a neighbouring house.

BERNARD WEIL/TORSTAR NEWS SERVICE

Stabbed woman's marriage had tensions, family says

Toddler left with no parents. Husband charged with second-degree murder

Every night, little Yasin Wafa scurries over to his grandparents' front door, hoping his mom will be picking him up as she used to.

For the past week, she hasn't come. Nasira Fazli, 31, was stabbed to death last Friday in her Ajax home.

Her husband, Feraidon Mohammad Imbrahim, 31, is charged with second-degree murder. He was arrested without incident on Friday at their home and taken into custody on Saturday. He returns to court on Aug. 6.

Yasin, 17 months old, had just started calling Nasira Fazli "mama" days before she died, his grandmother said, adding he now cries for "mama" when being put to bed.

"Everybody is crying, crying," Shahla Fazli said, surrounded by pictures of her daughter at her Pickering home.

The Fazli family says they had some concerns about Nasira Fazli's safety, but troubling issues were always dealt with internally, without involving police and possibly destroying the marriage.

Nasira Fazli was the rock of her family, Shahla Fazli said. She worked in customer service at American Express and bought a house for her parents and siblings, with whom she lived. A Canadian citizen who emigrated from Afghanistan 24 years ago, she wed Imbrahim nearly three years ago in her home country.



Family members say Nasira Fazli, pictured, was concerned for the safety of her son, Yasin Wafa. COURTESY FAZLI FAMILY

Worried about her son

- The Fazli family says there were also concerns for little Yasin: Nasira Fazli had begun going out of her way not to leave her son alone with her husband. But again, the family dealt

with it only internally.

- "She didn't want to ruin his reputation," said her sister Sharipa Fazli. "He was well respected back home."

It was an arranged match, but she knew him well, as did her mother. She returned to Canada pregnant, gave birth to Yasin, their only child, and sponsored Imbrahim to join her about four months ago.

But cracks emerged in the marriage when she and Imbrahim got their own place, the family says.

"He was so demanding," said Nasira's sister Sharipa. "He was stubborn. It was his way or the highway."

About a month ago, Sharipa Fazli alleges, Imbrahim threatened her sister after an argument over caring for Yasin. "He wasn't adjusting well to life here," she said. "Back home, he was a doctor, and here he was nothing."

Sharipa Fazli says her

mother met with Nasira and Imbrahim after the alleged threat and they chose not to contact police. Imbrahim apologized, showing his arm tattoo of Nasira's name and promising he'd never hurt her.

Nasira Fazli did not want to risk ruining her husband's chances of permanent residency, the Fazli family says. He was given another chance.

Sharipa Fazli, shaking her head, said her sister suffered so many stab wounds that from her waist up, "there was no body."

Det.-Sgt. J.J. Allan, of the Durham Region police homicide unit, says Nasira suffered "several" stab wounds and police are "investigating the relationship between the victim and the accused, and other allegations." TORSTAR NEWS SERVICE

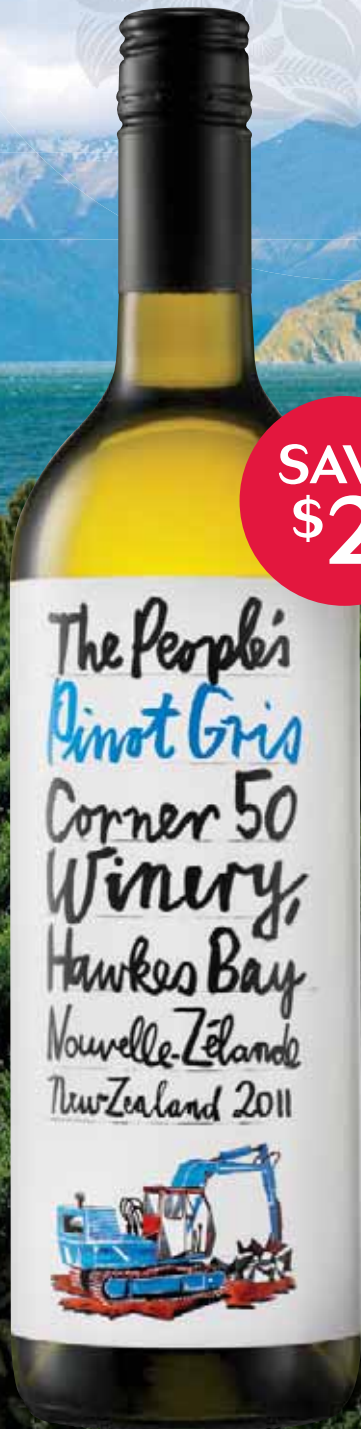
1 NEWS



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W539

Rock 200M years young

Research at the ROM

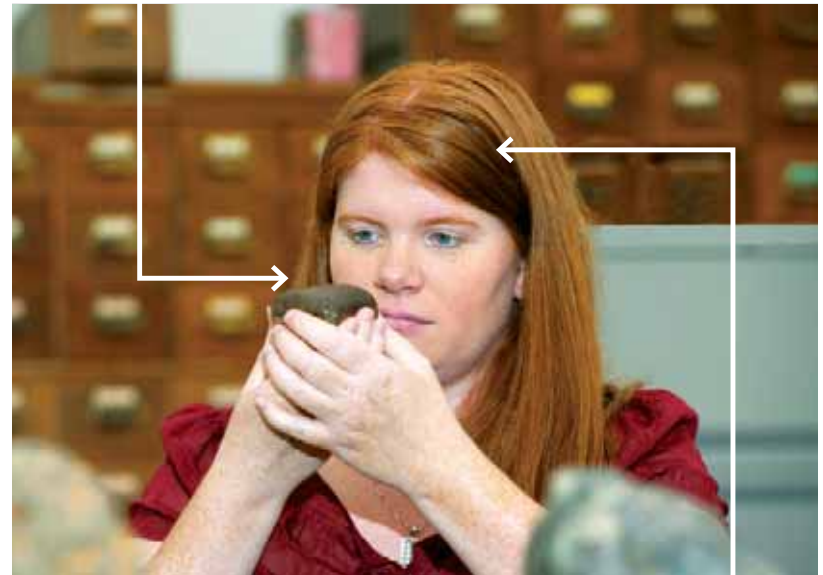
**Martian meteorite
resolves one debate
about life on Mars**

New research on a Martian meteorite at the ROM suggests the Red Planet may have been spewing lava and forming rocks until much more recently than previously thought. The findings of the

study, which will be published in *Nature*, have resolved a long-standing debate in the scientific community surrounding when the planet ceased to be geologically active.

TORSTAR NEWS SERVICE

COURTESY ROYAL ONTARIO MUSEUM



Half its age

400M

The study looked at one of the largest meteorites in the ROM's collection and determined that the rock was a mere 200 million years old (young in geological and astrological terms) as opposed to estimates of up to four billion years from previous studies.

This finding means that Mars ceased to be active — and, potentially,

ceased to be hospitable to life — much later than what scientists previously thought.

ROM mineralogy research technician Brendt Hyde said this could mean that water — an essential element for life — could have been present on Mars fairly recently. "In order for water to form on a planet like Mars, which is so distant from the sun, you need a heat source," he explained. "So if you have volcanism, it's more likely you'll have liquid water around and heat source for life."

Young win again

"There's been ... two camps — Martian rocks are old and Martian rocks are young. ... I think for the first time, we can say with authority that they're young."

Kim Tait, curator of mineralogy at the Royal Ontario Museum and author of the study.

Calgary, Ontario hit

**Climate change
caused flooding,
majority believe**

Climate change caused by human activities was behind the flooding in Calgary and the recent storms in central Ontario. That's the belief of 53 per cent of Canadians polled July 23 by Forum Research.

It's a belief more common among women (59 per cent) than men.

Also, eight in 10 of those polled believe the Earth's climate overall is changing.

Forum Research polled 1,782 Canadians.

TORSTAR NEWS SERVICE

Electrifying idea. TTC may use GO corridors for downtown relief line

The TTC wants to look at the feasibility of using GO's Georgetown South and Lake Shore East lines as part of the solution for a downtown relief line (DRL).

CEO Andy Byford has been told by the TTC board to approach provincial agency Metrolinx about including those GO services in the environmental assessment for the relief line, which is needed to take some of the crowding off the Yonge subway.

TTC chair Karen Stintz said Coun. Ana Bailao (Ward

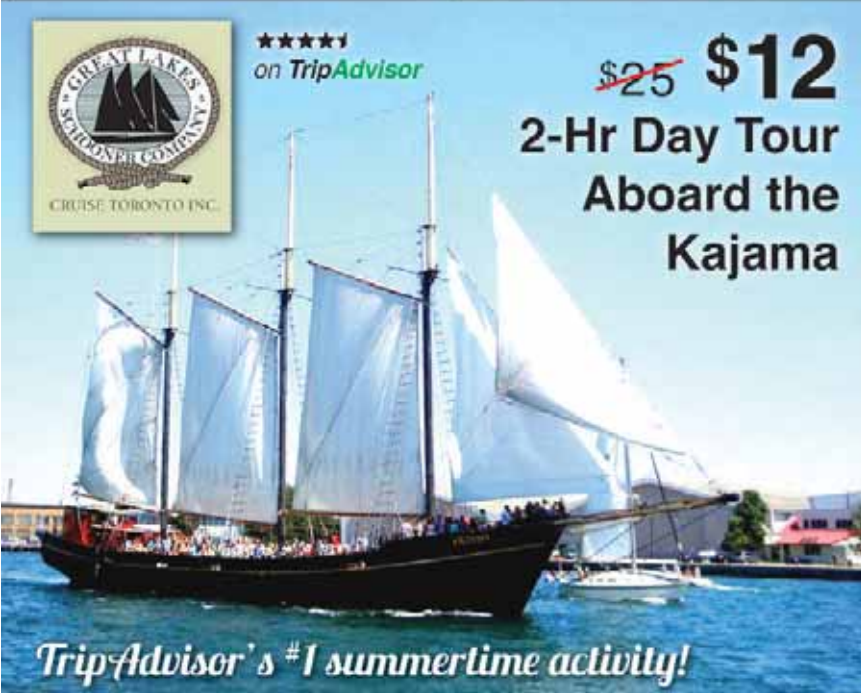
18, Davenport) was going to bring the suggestion to city council last week but couldn't get it on the agenda.

If the Georgetown corridor and Lake Shore lines were electrified, different trains could be used either to make more frequent stops or offer express service within the city, potentially eliminating the cost of tunnelling a new subway, said Stintz.

"If we could get the same service without having to dig ... it's something worth exploring." TORSTAR NEWS SERVICE



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Fancy getting your genome sequenced?

SickKids. The globe's biggest genome clinic in Toronto will offer whole-genome sequencing to roughly 100 children each year

The world's largest genome clinic devoted to unearthing new and custom treatment options for common and fatal pediatric diseases officially opens at the Hospital for Sick Children this month, launching a new era of genetic medicine.

The clinic, part of a five-year research project supported by the hospital will offer whole-genome sequencing to roughly 100 children each year. Priority will go to patients with eye diseases, kidney disorders, heart problems and metabolic and inflammatory diseases.

Until now, whole-genome sequencing, which maps a person's entire DNA, or genetic blueprint, has been considered an expensive process reserved for narrowly focused research. It is rarely drawn on as a tool for designing everyday treatment plans. More often, doctors use limited, cheaper sequencing techniques like exome sequencing, a process that looks at just one per cent

Quoted

"Some of my colleagues said, 'Oh, I think I would like to do it' ... and some of them said, 'I don't know, I have to think about it.' It's a really powerful experience to think about."

Dr. Ronald Cohn
On his colleagues getting their genome sequenced

of the genes (those producing proteins) to make appropriate treatment decisions.

"The patients we have here are being managed as well as we know and as well as everybody knows around the world," said Dr. Ronald Cohn, co-director of the Centre for Genetic Medicine. "But ... very often you find things in your genes which open up a different kind of management."

It's a profound decision getting your genome sequenced, said Cohn, who had his own whole genome sequenced to personally understand the experience.

He discovered an elevated risk for thyroid cancer and a mutation negatively affecting his metabolism, meaning he needs to work a little harder than average to lose weight.

TORSTAR NEWS SERVICE



Battle of Walmart versus Kensington Market 'not over'

A pedestrian walks past a mural with protest messages directed at the retail giant Walmart. The process for deciding if Walmart can open beside Kensington Market "is not over," said Ed Sonshine, chief executive of RioCan, declining to go into detail. RioCan is proposing to feature the discount retailer in a new Bathurst Street complex. RioCan, and possibly Walmart Canada itself, could appeal the city's one-year freeze on new retail in the area to the province's Ontario Municipal Board. The 60-day deadline for an OMB appeal expires Sept. 17. Residents, including those in the group Friends of Kensington Market, have mobilized to fight the big box plan and protect the area's funky vibe and independent retailers.

LUCAS OLENIUK/TORSTAR NEWS SERVICE

Penalty. Justice of the peace gets seven-day suspension

Justice of the peace Tom Foulds has been suspended for seven days without pay as penalty for his "egregious interference" with the duties of Toronto public health inspectors on behalf of a friend.

Foulds, who has served at the Old City Hall courts for 14 years, admitted to judicial misconduct last week during a public hearing before the justices of the peace review

panel.

The three-person panel announced the penalty on Tuesday; it will take effect starting Sept. 9.

In April 2012, Foulds "set upon a course of action in an error of judgment not befitting a senior officer of the court," said panel chair Justice P.H. Marjoh Agro, reading from the decision.

TORSTAR NEWS SERVICE

That's grand, baby. Piano stolen from hospital recovered

A rare piano that was stolen from Toronto General Hospital has been recovered.

Police say they located the stolen instrument — a Steinway Boston baby grand valued at \$27,000 — after a man sold it to a local business.

They say the piano had some minor damage but has been returned to the hospital.

Toronto police allege that on July 14, two thieves used a service elevator to move the piano to a loading area, where a third suspect helped them haul it into a waiting red-and-white cargo van.

Artem Timofeyev, 27, of Toronto, is wanted on charges including theft over \$5,000, trafficking in stolen goods and fraud over \$5,000.

THE CANADIAN PRESS



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By George, we're famous! Royal baby shines light on Prince George, B.C.

What does Prince George think of Prince George?

"Well there's always excitement around a new baby, especially one that shares your name," said Shari Green, mayor of Prince George, B.C.

On Wednesday, the Duke and Duchess of Cambridge announced their newborn son would be named George Alexander Louis — or just Prince George to his friends.

Green said the royal bump couldn't come at a better time.

"We're celebrating 100 years in city, 25 years of the

university ... and hosting the Canada Winter Games," she said.

The mayor will be extending a formal invitation to the Cambridge trio for the festivities. City staff are also preparing a care package for the royal tot — including a "little onesie with Prince George on it," she said.

Green was thrilled to win out over a local rival.

"The mayor of Prince Rupert I'm sure is a little bit disappointed today," she joked.

LUKE SIMCOE/METRO ONLINE

Another show added

Chris Brown not cowed by protests

Controversial musician Chris Brown is adding another Canadian show to his summer tour, despite protests from groups in cities hosting his concerts.

Drop Entertainment

Group announced Wednesday that Brown will headline the Hot Summer Blast Festival in Saint John, N.B., on Sept. 1. Brown is also performing in Toronto, Winnipeg and Halifax, which have seen opposition against the musician for pleading guilty to assaulting R&B singer and then-girlfriend Rihanna in 2009. **THE CANADIAN PRESS**

Burka Avenger fights for girls' education

Pakistan. Cartoon sees superheroine fight to keep girls' school open

Wonder Woman and Supergirl now have a Pakistani counterpart — one that shows a lot less skin.

Meet the Burka Avenger: a mild-mannered teacher with secret martial-arts skills who uses a black burka to hide her identity as she fights local thugs seeking to shut down her girls' school.

Sadly, it's a scenario Pakistanis are all too familiar with. The Taliban have blown up hundreds of schools and attacked activists because they oppose girls' education.

Action in the Burka Avenger cartoon series is much more lighthearted. The bumbling bad guys evoke more laughter than fear and are no match for the Burka Avenger,



A Pakistani schoolgirl outside her classroom in a poor neighbourhood on the outskirts of Islamabad. MUHAMMAD MUHEISEN/THE ASSOCIATED PRESS

undoubtedly the first South Asian ninja who wields books and pens as weapons.

The Urdu-language show is the brainchild of one of Pakistan's biggest pop stars, Aaron Haroon Rashid, who conceived of it as a way to emphasize the importance of girls' education and to teach

children other lessons, such as not discriminating against others.

The main bad guys are Vadero Pajero, a corrupt politician, and Baba Bandoor, an evil magician meant to resemble a Taliban commander.

THE ASSOCIATED PRESS

Dressed to repress?

Burka brings controversy, but imagine spandex

The decision to clothe the superhero in a black burka — a full-length robe commonly worn by conservative Islamic women in Pakistan and Afghanistan — could raise eyebrows because some view the outfit as a sign of oppression.

Rashid said he used it to give a local feel to the show.

"Since she is a woman, we could have dressed her up like Catwoman or Wonder Woman, but that probably wouldn't have worked in Pakistan," said Rashid.

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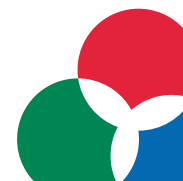


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Elder Walter Cooke, right, conducts the opening prayer for premiers from across the country and National Aboriginal Organizations leaders during a meeting in Niagara-on-the-Lake, Ont., Wednesday. AARON LYNETT/THE CANADIAN PRESS

Premiers call for inquiry into missing aboriginals

Vanishing women. 582 cases documented over the past 13 years: Native Women's Association

Provincial and territorial leaders are backing calls for a national public inquiry into missing and murdered aboriginal women and girls, ratcheting up

the pressure on Prime Minister Stephen Harper to follow suit.

There was support for an inquiry among the leaders who met with aboriginal leaders Wednesday ahead of the Council of the Federation meeting, said Ontario Premier Kathleen Wynne, who will be leading the premiers' summit Thursday.

"The premiers at the table agreed to support the call of the (National Aboriginal Organ-

izations) for a national public inquiry in this very, very important issue that really has touched every one of our jurisdictions ..." she said following the meeting.

Alberta Premier Alison Redford and Newfoundland Premier Kathy Dunderdale were not at the meeting Wednesday, but Wynne said that doesn't mean they don't support an inquiry. **THE CANADIAN PRESS**

Northwestern Spain. Train derailment leaves at least 35 dead, dozens injured

A passenger train derailed on a high-speed stretch of track in northwestern Spain on Wednesday night, killing at least 35 people and leaving dozens injured in the country's worst rail accident in decades, officials said.

Officials gave different death tolls in the immediate aftermath of the accident. Alberto Nunez Feijoo, president of the region of Galicia, said at least 35 people aboard the train were killed.

Spain's leading Cadena

SER radio station cited the president of the Galicia's main court, Miguel Angel Cadenas, at the scene saying 56 people were killed, but that could not be independently confirmed. The station said three carriages had still to be inspected by rescue workers.

State-owned train operator Renfe said in a statement that 218 passengers and an unspecified number of staff were on board at the time of the accident.

THE ASSOCIATED PRESS



Emergency personnel respond to the scene of a train derailment in Santiago de Compostela, Spain, Wednesday. ANTONIO HERNANDEZ/THE ASSOCIATED PRESS

Aboriginal experiments

Finding sparks national rallies

Rallies are planned across Canada Thursday to draw attention to experiments performed on aboriginals, and to demand the federal government release all documents that could reveal other such abuses.

Researchers in the 1940s knew the people they were studying were hungry, but instead of advocating they be better fed, they chose to use them to test the effects of different vitamins and minerals. **THE CANADIAN PRESS**

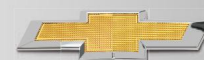
Tablet tussle

Google unveils new Nexus 7

Google is betting consumers will pay slightly more for a sleeker, more powerful version of its Nexus 7 tablet as the Internet company escalates its rivalry with Apple and Amazon.com in technology's key battleground — the mobile computing market.

THE ASSOCIATED PRESS

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PM no Twitter twit, so who writes his tweets?

Harper in 38th place.

When it comes to 140 characters, Obama and the Pope are well ahead of him

Tweet this, Twitter addicts:

A new tally of Twitter use by world leaders ranks Prime Minister Stephen Harper in,

wait for it ... 38th place.

It says Harper has more than 357,000 followers — well behind the 33.5 million of U.S. President Barack Obama and Pope Francis, at 7.2 million.

The Twiplomacy study was conducted by the New York-based firm Burson-Marsteller.

"Prime Minister Harper was the fourth world leader

to sign up to Twitter in July 2007 in the footsteps of @BarackObama," its report says.

"However, he only started to tweet in September 2008.

"Although the tweets are written in first person he rarely writes the tweets himself."

The prime minister's staff won't reveal who actually does the tweeting.

THE CANADIAN PRESS

Manure attack. Will this lawsuit pass smell test?

The use of chicken manure to deter a homeless encampment is causing a new stink for officials in Abbotsford, B.C.

Several homeless people plan to launch lawsuits.

They claim compensation after their property was lost or damaged when the excrement was spread over their campsite. They also accuse police officers of damaging tents and pepper-spraying belongings.

"They need a kick in the (butt) to get moving and that's what we're doing," said Doug Smith, who plans to file a small-claims lawsuit over the destruction of his tent.

After the manure-spreading incident became news last month, Abbotsford's mayor apologized and said the city was "committed" to repairing its relationship with its homeless population.

THE CANADIAN PRESS

Wartime. Boy's poignant plea to live on in bronze

The City of New Westminster, B.C., is just an outstretched hand away from memorializing in bronze a famous Second World War moment.

It plans to create a bronze of the photo *Wait For Me, Daddy*, showing a child breaking away from his mom to reach out to his father who was marching off to war.

The bronze will be placed at the spot where the picture was taken in the city on Oct. 1, 1940.

THE CANADIAN PRESS



The historic photo, *Wait For Me, Daddy*. NATIONAL ARCHIVES OF CANADA

Residential schools

Student tells of 'lost childhood'

Ex-student Flora North-west told the Truth and Reconciliation Commission that religious officials ruined her childhood.

They took her from her parents, cut her hair and forced her to speak English, she told the commission, which is hearing from residential school survivors in Hobbema, an Alberta community wracked by the drug trade and deadly gang violence.

THE CANADIAN PRESS

Collision with truck

Two riders killed on cycle tour

Two cyclists on a cross-country group tour are dead after a collision on the Trans-Canada highway north of Lake Superior.

Police say 25 cyclists were travelling eastbound on the highway west of Nipigon, Ont., when two of them were struck by an eastbound pickup truck.

The group had set out from Vancouver last month on a Tour du Canada ride.

THE CANADIAN PRESS

Gay-pride event met with violent protests

Montenegro. Gay activists leave town by boat after rally for security reasons

Several hundred people shouting "Kill the gays" attacked gay activists and clashed with police on Wednesday

in a bid to disrupt the first ever pride event in staunchly conservative Montenegro, which is seeking to improve its human-rights record as it bids to join the European Union.

Angry assailants threw rocks, bottles, glasses and various other objects — including chairs from local cafés — at several dozen flag-

Quoted

"I expected opposition, but this attack is actually the real image of Montenegro."

Zdravko Cimbalevic, who in 2010 was the first person in Montenegro to publicly declare that he was gay

waving gay activists in the

coastal town of Budva who shouted back "Kiss the gays."

Police pushed the attackers away and allowed the event to continue.

Some newspapers published mock obituaries for prominent gay activists ahead of the rally, while cafés in Budva stopped playing music for an hour on Tuesday in protest. **THE ASSOCIATED PRESS**



A protest turns violent during the first ever gay-pride event in the Montenegrin seaside resort of Budva, Wednesday. RISTO BOZOVIC/THE ASSOCIATED PRESS

100 lawmakers freed

Police break siege of Bulgaria's Parliament

Bulgarian police on Wednesday broke up a blockade of Parliament and escorted out more than 100 lawmakers and ministers who had been trapped inside the besieged building for more than eight hours by protesters seeking to oust the left-leaning government.

Police in riot gear pushed away the protesters and formed a corridor to allow those trapped since Tuesday to leave the

building.

Anti-government protests in Bulgaria's capital have been going on for 40 days, and escalated on Tuesday evening as several hundred demonstrators trapped 109 people — including three ministers, some 30 lawmakers and their staff — inside Parliament.

The appointment of controversial media mogul Delyan Peevski as head of the national security agency sparked this wave of protests. The appointment was immediately revoked but demonstrators insist the government is corrupt and must resign.

THE ASSOCIATED PRESS



Pussy Riot parole denied

Natalia Alekhina, the mother of jailed feminist punk band Pussy Riot member Maria Alekhina, waves to her daughter as she appears on a TV screen in a courtroom in Perm, Russia, Wednesday. The court turned down an appeal by Alekhina against a previous court ruling that denied her an early release. She was not allowed to take part in person, but was allowed to speak on video-link. Alekhina has served a year and a half out of her two-year prison sentence and was appealing for parole. **ALEXANDER AGAFONOV/THE ASSOCIATED PRESS**

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Union boss Dan McNamara talks to Detroit firefighters as a judge agrees to stop lawsuits. PAUL SANCYA/THE ASSOCIATED PRESS

Detroit 1, creditors 0: Judge gives city a win

No lawsuits, please.

Dramatic court ruling stops creditors from stopping mammoth bankruptcy

At last something's gone right for Detroit.

A federal judge agreed with the city on Wednesday

and stopped any lawsuits challenging its bankruptcy.

Bankruptcy Judge Steven Rhodes' decision was a major victory for Detroit.

Retirees had sued, claiming the bankruptcy threatened their pensions.

The Detroit courtroom was jammed with lawyers representing some of Detroit's thousands of creditors.

THE ASSOCIATED PRESS

Who'll pay them?

The Detroit bankruptcy was the largest filing by a local government in U.S. history.

- The losers. Detroit has about 21,000 retired workers who are owed benefits — including police and firefighters.

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Nasrallah fires a salvo at Europe. U.S., Israelis behind blacklist, he says

The leader of Lebanon's Hezbollah on Wednesday ridiculed a European Union decision to place the group's military wing on a terror list.

Sheik Hassan Nasrallah accused the EU of capitulating

to U.S. and Israeli pressures by blacklisting it.

Nasrallah said the decision is "worthless" and makes EU countries partners in any future Israeli aggression against Lebanon or his militant group.

The EU's 28 foreign ministers made the announcement Monday after prolonged diplomatic pressure from the U.S. and Israel, both which consider Hezbollah a terrorist organization.

"I did not feel for one moment that this was a sovereign European decision, but rather one that was dictated to them," Nasrallah said, speaking to supporters in Beirut via satellite link.

"Europe was not convinced, but has capitulated ... to American and Israeli wishes."

Nasrallah has been in hiding since the 2006 monthlong war between Hezbollah and Israel. He has since made only brief public appearances.

THE ASSOCIATED PRESS



A supporter of Hezbollah leader Sheik Hassan Nasrallah holds up his portrait in Beirut.

HUSSAIN MALLAH/THE ASSOCIATED PRESS

New Snowden leak. He wants to stay in Russia and play it by the book

Top-flight leaker Edward Snowden aims to stay in Russia for the near future and learn the country's culture and language, his lawyer said Wednesday.

To get him started, Anatoly Kucherena said he gave Snowden a copy of Crime and Punishment, Dostoyevsky's lengthy novel about the torment and redemption of a man who thought himself outside the law.

Kucherena met Snowden in the transit zone of Sheremetyevo airport, where he has apparently been marooned since arriving from Hong Kong on June 23.

The day's developments left the White House — and everyone else — "seeking clarity" about the status of the man who revealed a U.S. program to monitor Internet and telephone communications.

THE ASSOCIATED PRESS



A supporter in Sao Paulo, Brazil, shows his discontent this month at the Brazilian government's refusal to grant asylum to Edward Snowden.

ANDRE PENNER/THE ASSOCIATED PRESS

Forbes apologizes

Sorry about that gay thing, Higgs

Financial news publisher Forbes says it's apologizing to Ireland's president for inaccurately describing him as gay in an online article.

The New York-based media company pulled the piece from its website Wednesday and replaced it with an apology to readers and President Michael D. Higgins.

THE ASSOCIATED PRESS

World Toilet Day

The washroom gets its day

The UN General Assembly has designated November 19 as World Toilet Day to spotlight the 2.5 billion people who don't have basic toilets.

The UN says six billion of the world's seven billion people have mobile phones — but only 4.5 billion have access to toilets.

THE ASSOCIATED PRESS

Boy has leukemia

Bush goes bald for a toddler

Former U.S. President George H.W. Bush has shaved his head to show solidarity for a Secret Service agent's child who has leukemia.

Bush, 89, joins his Secret Service detail who also shaved their heads.

A Bush aide identified the boy only as Patrick.

George and Barbara Bush lost their second child to leukemia.

THE ASSOCIATED PRESS



The bald George H.W. Bush holds Patrick.

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Mom's more plugged in than you think



Despite the fact that moms are heavily engaged online, preconceptions that they're not interested in technology remain, researchers say. ISTOCK

Social media. Far from being tech-challenged, demo ranks among 'most social consumers you'll meet,' report says

Forget the outdated stereotype of the tech-illiterate soccer mom. Twenty-first-century moms are increasingly becoming one of the most digitally savvy cohorts in Canada, according to a recently released report backed by data from measurement firm comScore and online surveys.

The 2013 Canada Social Mom report, published by the parenting website BabyCenter, calls today's plugged-in moms "the most social consumers you'll meet."

The report suggests 93 per cent of Canadian moms who use the Internet are logging into

social networks every month. Tablet ownership among moms was up nearly 100 per cent in the past year. And mothers were found to be two and a half times more likely to prefer checking their social media feeds on a smartphone rather than using a computer.

Researchers have been watching Canadian moms dramatically increase their Internet usage for years now, but preconceptions that they're not interested in technology remain, said Gagan Sharma, research director for Mom Central Consulting, which has offices in Toronto, Boston and New York.

"Despite the fact we see that moms are heavily engaged online, they're tech savvy, they're engaged, we still find there is that perception where people don't understand that moms are actually leading the charge in a lot of ways," Sharma said.

THE CANADIAN PRESS

Pride, prejudice and pounds. Austen to grace U.K. banknote

Jane Austen will become the new face on England's 10-pound notes. The Bank of England chose the chronicler of 18th-century English country life as the new face of the note, bowing to critics who complained the institution was ignoring women on their currency.

"Jane Austen certainly merits a place in the select group of historical figures to appear on our banknotes," the bank's new governor Mark Carney said Wednesday in a statement. "Her novels have an enduring and universal appeal and she is recognized as one of the greatest writers in English literature."

ognized as one of the greatest writers in English literature."

The controversy began earlier this year when the bank announced it would replace the 19th-century social reformer Elizabeth Fry with wartime Prime Minister Winston Churchill on the five-pound note. Though Churchill is still revered for his Second World War leadership, the change led to protests because no other woman besides Queen Elizabeth II would be shown on Britain's currency.

THE ASSOCIATED PRESS



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Live Nation jumps on locally sourced food bandwagon



Celebrity chef and Ottawa native Hugh Acheson will help Live Nation with its plan to provide ethically sourced food at its U.S. venues. THE ASSOCIATED PRESS FILE

Music to foodies ears?
Concert promoter teams up with celebrity chef Hugh Acheson to redo offerings at U.S. venues

Concert promoter Live Nation is overhauling its U.S. concessions to serve only local produce and humanely-raised meats.

Starting this week, all pro-

duce served at Live Nation's 38 amphitheatres around the U.S. will be sourced from within roughly a 100-mile radius (about 160 kilometres) of each venue. Additionally, all meats will carry either Certified Humane, Global Animal Partnership or Animal Welfare Approved certification.

The change will cost the company about an extra \$1 million US a year, but concertgoers won't see that reflected in food

or ticket prices, says Live Nation CEO Michael Rapino. He believes the goodwill generated by serving better food and supporting local farms will be compensation enough.

The firm has brought on chef Hugh Acheson as a consultant to help guide the changes. Acheson, a proponent of local and sustainable agriculture, is best known for appearances on Bravo's Top Chef and Top Chef Masters. THE ASSOCIATED PRESS

Good grub

- The move comes as U.S. sports arenas try to appeal to a growing appetite for good grub. Ballparks and other stadiums have been touting healthier and gourmet choices, from sushi and fine wines to artisanal sausages and Dungeness crab salad.

Wireless market

Don't give Verizon special treatment, Rogers CEO says

Big U.S. carriers like Verizon shouldn't be allowed to buy new Canadian wireless firms at discount prices while the big domestic carriers are barred from the same opportunity, the CEO of Rogers said Wednesday. Rogers welcomes competition but wants a level playing field, Nadir Mohamed told analysts. THE CANADIAN PRESS

Market Minute



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DON'T LIKE YOUR DATE? DELETE IT!

Is dating shrinking?

I feel like dating has gotten smaller, with less weight and consequence. The Book of Love has become a pamphlet.

I've been pondering what I've been pondering with my Brain because recently I discovered a smartphone dating app called Tinder, which condenses relationship hunting to its smallest, shallowest form.

Unlike other dating sites that get bogged down in details like what the person is like or whether they can speak English, Tinder just focuses on what you need to know: name, age, location, and looks. If it's good enough for your passport, it's good enough for your soulmate.

And many Tinder users conveniently add photographs that focus on areas below the neck, in case you're not a face person.

There is room to write a bio, but the box is barely big enough for a cigarette warning. If you like the person, you swipe to the



HE SAYS

John Mazerolle

metronews.ca

right. If you don't, to the left.

Essentially it's Goldilocks and The Three Bears if Goldilocks had grown up to be a player: Not hot enough! Too hot! Just right. Check!

There are all types on Tinder, but a typical woman on the site is a 22-year-old named Lauren (I swear, every fourth one is Lauren) who has a small dog, friends she poses with at clubs, a tendency to get a leg up when she takes selfies, and an inspirational quote that makes sense about 35 per cent of the time. ("Life is just in-between reality and fantasy, so love.")

If two people like each other, the app opens a chat window and you can start planning your wedding. If either person chooses "Nope," then neither side is the wiser.

Tinder removes all the depth from online dating, which is a bit like removing all the nutrients from a Twinkie or cutting the substantive scenes from a Michael Bay movie.

But I still kind of like it. I know the gut reaction is to cry out

about how shallow the app is, but whatever — most deep relationships start in the shallow end, and if two people just want to fool around in the pool, laughing Danger in the face, more power to them. My only issue — and what made me think about dating shrinking — is that there is no risk on Tinder. The app lets you approach the most beautiful woman within 100 miles, and she can't laugh in your face. She can screenshot you to Instagram, sure, but it doesn't have quite the same impact.

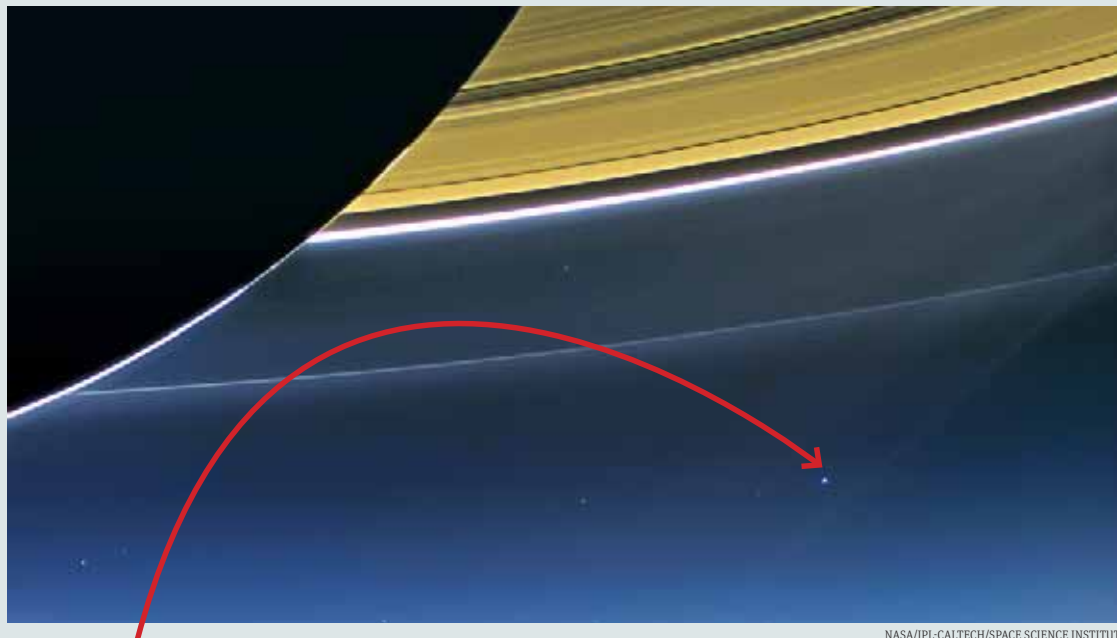
I remember how BIG dating seemed when I was in my early 20s. Asking someone out was an enormous mountain to climb — a difficult task when your palms are sweaty and you're hyperventilating.

So what's it like for a young person now? How do relationships feel when so many are started online, before you're as jaded as a 30-something? I'm not judging. I'm genuinely curious.

Once I dreamed of putting my hand on the cheek of a beautiful woman, like Romeo and Juliet. Now I swipe my thumb across her face. Dating may be shrinking, but these are big thoughts for Lauren and I to consider. We're going to be very happy together. Not her dog, though. I swiped it left.

ZOOM

Your hair looks great, from Saturn



NASA/JPL-CALTECH/SPACE SCIENCE INSTITUTE

Cassini spacecraft snaps our planet

NASA has released a rare image of Earth and the Moon taken by a spacecraft orbiting Saturn. In the picture by NASA's Cassini spacecraft, the planetary objects, shining as bright beacons from millions of kilometres away, appear as mere dots — Earth a pale blue and the moon a stark white, visible between Saturn's rings. **METRO**

Photo op



"It thrills me that people worldwide took a break from their normal activities to go outside and celebrate the interplanetary salute between robot and maker." Carolyn Porco, Cassini imaging team lead at Space Science Institute

Public waves from grand distance

The photograph made on July 19 marked the first time people knew in advance that their long-distance picture was being taken. The public was asked to wave at Saturn after finding the ringed planet in their part of the sky, in an event scientist and Cassini imaging team leader Carolyn Porco described as an "interplanetary cosmic photo session." **METRO**

Long shot

1.5 billion

kilometres is the distance from Earth that NASA's Cassini spacecraft captured the colour images from its perch in the Saturn system.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

So, has last week's Sharknado frenzy left you frothing for more laughably awful dialogue and willfully dodgy special effects, all served up with a sly wink? Luckily, Netflix has your back with these available-to-stream gems.

Student Bodies

A merciless parody of early slasher flicks starring *The Breather*, a faceless killer with a MacGyver-like mind for improvising murder weapons used to dispatch a selection of standard-issue pretty '80s studs and ladies. Agonizingly hilarious, it was *Scream* before *Scream* existed.

Rubber

Robert the sentient air tire goes rogue, leaving a bloody trail of high-concept

deaths across the Mojave Desert. It's as absurd as it sounds.

Tremors 2

Aftershocks - *Tremors* was an instant classic, and if you think otherwise then I invite you to bounce a basketball across the film's Nevada setting. And while the sequel is one depressing degree removed from Kevin Bacon, the giant subterranean carnivorous worms pose just as big a problem as al-

Letters

The Conservative government's mismanagement of the North has made its cost of living soar and caused shortages of basic services, hurting families and jeopardizing the economic potential of the region. His bungling of adjustments to the federally-funded Nutrition North program has sent food prices skyrocketing, some reportedly as high as 250 per cent.

Grossly inadequate housing has left too many without a place to live.

Too many communities still lack access to fast, reliable Internet service, undermining business development and skills training. And a lack of basic health and mental

health services is undermining the foundations of communities — the very basis of their prosperity.

With bountiful natural resources and a quickly growing population, the North is building a strong economy. Yet its full potential cannot be realized if families cannot afford healthy food, cannot find a place to live and cannot get the supports they need.

Mr. Harper needs to be more than a tourist when he visits the North for his annual Arctic photo op later this summer.

**Yvonne Jones, MP
Liberal Party of Canada Northern
Development Critic
Mary's Harbour, N.L.**

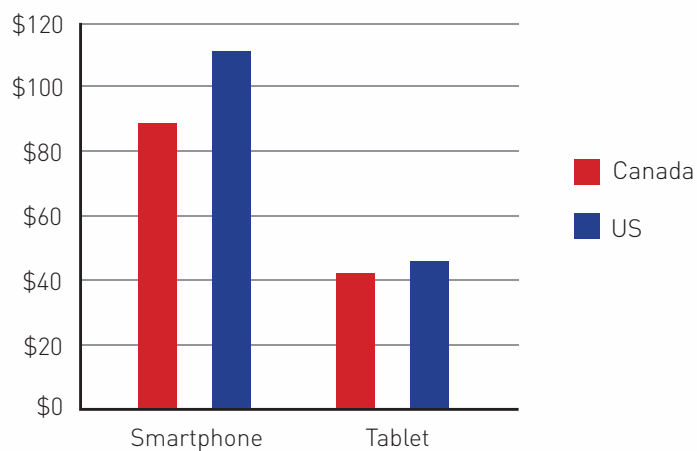
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Source:

(1) As of July 17, 2013, based on rates for similar packages published by the three largest Canadian and two largest US carriers for the following devices: Samsung Galaxy S4, iPhone, BlackBerry Z10, Samsung Galaxy Tab, and iPad.

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Mmm, The Simpsons: Teacher, mother, secret lover

A big freaking deal.

Man who worked on show back in its salad days holds talk this week



BACKSTAGE PASS
Ian Gormely
scene@metronews.ca

There's nothing you can say about The Simpsons that hasn't already been said; its influence, longevity and supposed decline have all been dissected to death in books, classes and Internet message boards. So let's just agree that the show exists and it is a big freaking deal to a lot of people.

"It's always been hugely popular," confirms David Silverman.

"Now I guess it's iconic."

Silverman was one of the original Simpsons animators back when the family just appeared as a short on the Tracy Ullman Show.

He directed the show's first episode, as well as The Simpsons Movie and The Longest Daycare short film, which was nominated for an Oscar.

Needless to say, Silverman is also a big freaking deal.

He is coming to the city this week to speak at the annual Toronto Animation Arts Festival International about the show that's defined his career.

"It was pretty revolution-



Who could ever forget the 'hi diddly ho neighbourinos' of Ned Flanders? Just one of the many reasons The Simpsons are big time. HANDOUT



David Silverman will speak at the Toronto Animation Arts Festival International. HANDOUT

ary," he says. "The level of the writing had never been done (in animation), not even in features."

The Simpsons changed

the look of animation as well. Prior to its ascendancy, most cartoons mimicked the in-house style of studios like Disney and Warner Bros.

"With the success of The Simpsons that completely changed."

The character's trademark yellow hue and lack of a hairline came straight from the mind of creator Matt Groening. The more personal touch quickly permeated the animation world from Ren & Stimpy through to Seth McFarlane's stable of programs.

"Matt would always say 'I'm not an animator, have fun and try things. If they don't work out we'll try other things.'"

Silverman actually left

Lesser known Simpsons

On Saturday, Silverman will speak about the evolution of many of the show's secondary characters.

- When The Simpsons premiered as part of The Tracy Ullman Show, Krusty, Itchy & Scratchy and Grandpa were the only characters outside of the primary family.
- Milhouse was created for

a Butterfinger commercial before the premier of the regular series.

- Many characters, like Fat Tony and Captain McAllister, were created for a single episode. Others, like Disco Stu and Cletus, were created for a single joke. They've all since become beloved secondary players on the show.

the program in the mid-'90s to work on feature films, only to return in the early 2000s. "I thought, 'Well this can't go on forever.' Little did I know."

The Toronto Animation Arts Festival International takes place this weekend at the TIFF Bell LightBox and Corus Quay. Check out taafi.com for details.

2
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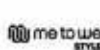
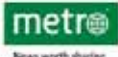


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The human side of Fruitvale Station

Q&A. Director Ryan Coogler wants his audience to get to know Oscar Grant, and tells why he chose to use that explosive footage

NED
EHRBAR

Metro World News in Hollywood

For his debut feature film *Fruitvale Station*, writer-director Ryan Coogler chose the true story of Oscar Grant, a young father in Oakland, Calif., who was shot and killed by transit police just minutes into New Year's Day, 1999. The shooting — seen in cellphone-captured footage — sparked riots and protests, but Coogler saw instead an opportunity to share Grant's story with the world.

How did you go about approaching this story and making the presentation of Oscar as accurate as possible?

I had access to the public record documents from the trial, and that was what I based my first draft of the script off of; just tracing the events, tracing the character from that aspect. The next thing I had access to was the family. I had an open door with them. What I wanted to do was to tell the story through the scope of the people that knew him the best, and on that day there was a lot of domesticity to his day, a lot of time spent with his girl, his daughter and his mom. I wanted to get to his character really through those relationships.



Director Ryan Coogler, right, during the filming of *Fruitvale Station*. AP PHOTO

Travel via cinema

With the success of *Fruitvale Station* on the festival circuit, writer-director Ryan Coogler is seeing the world thanks to his films, but it used to be thanks to the films of others. "The first time I left the country was for a film festival when I was 21," Coogler explains. "I would use film as a way to travel and a way to have experiences that I would never be able to have in the physical sense."

How about the decision to open the film with the actual cellphone footage from the incident?

My intention was to not show the footage ever in the film, but it had come up with my editors. I was really apprehensive about doing it and I realized the reason why was because I didn't need it. Because I'm from the Bay Area, I'd seen the footage so much, I didn't need to see it. But they were saying how they didn't know about this until

they started to work on this project, and they thought it would be important to let the audience see what happened to him. And once we did it I realized that it played into a lot of the themes that went into making the film, the themes of proximity and how the movie's about how something that happens to someone can effect you differently when you know the person versus when you don't. It's interesting how all the decisions that put Oscar on that train are made by other people in his life. It was something that came up in research, in talking to his family members because each one of them kind of blamed themselves for Oscar winding up on that train, winding up in that situation. (His mother) Wanda talked about how she recommend they take BART as opposed to driving, and Sofina talked about how Oscar didn't even want to go. He wanted to stay home that night because he was feeling kind of out of it, and she kind of pushed on him to get out and move about.

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Jackman's keeping the wolf from the door

The Wolverine. Aussie star is back and darker than ever in the latest instalment of the comic book hero's big screen adventures

MATT PRIGGE
Metro World News in New York City

Hugh Jackman is a song and dance man, who regularly pops up in stage musicals and, with *Les Misérables*, film musicals, too. He's even starred in Hugh Jackman... One Night Only, a one-man show of show tunes and recollections he will be bringing to L.A. this fall. But to most, he's Wolverine, the decidedly unexuberant, brooding mutant of the X-Men franchise. Having explored his origins in the first solo Wolverine film from 2009, he put back on his claws and his pissy stare for *The Wolverine*, a spin-off that finds his anguished asskicker considering mortality while fighting ninjas, robot samurai and a she-lizard in Japan. Hugh took time from his busy schedule to chat with Metro.

I heard you were a big fan of the Chris Claremont and Frank Miller run from the early '80s, on which this was based.
I read that during the first X-Men and I always thought that was a great basis for a movie. After 13 years (the producers) agree with me. I love the backdrop. To me I want a character who symbolizes the anti-authoritarian. To go into the world of Japan with samurais is really fresh and different.

Wolverine has to fight ninjas and samurai, not other mu-



Hugh Jackman in a scene from *The Wolverine*. AP PHOTO, 20TH CENTURY FOX

Was Jackman a comic book fan prior to playing Wolverine?

"I really had no idea about X-Men, about its reach or size or passionate fans. I certainly knew afterwards. Being on a Hollywood set is very different

than getting work in Australia. I remember being quite nervous to begin with. When I did my audition they were already a week into shooting."

tants. What kinds of challenges does that give him?

What's really cool is the way they fight and the values, not just the training. It's not just physical — it's a control of the mind. I think to Wolverine, who is instinctive and animalistic and emotional, he just doesn't think things through. It's not like he's fighting mutants. He's fighting humans.

This is more stripped-down and darker than the first solo Wolverine film.

It is darker and I think it should be. Even in the storyline it's a bit of a rebirth of the character. That character really is incredibly tense; he is darker. If there ever

is an argument for an R-rated comic book movie it is probably *Wolverine*. We did actually discuss that.

You seem like a nice guy. And you often play nice, more exuberant characters than Wolverine, who broods and hates everybody.

Acting always allows me to kind of explore other parts of myself and the human condition. Wolverine is something difficult for me to get back into because I've been playing him on and off for 13 years. James (Mangold, the director) was on me about being deep and more restrained and really highlighting the moment before he blows his top and then when he blows

his top we earn it. **Mangold tends to direct smaller films than this, like *Walk the Line*, 3:10 to Yuma and *Kate & Leopold*, in which you starred. What did he bring to this project?**
It's the sixth time I played the role but it was never like that. I felt like he got the best performance out of

me and the best out of every actor. He had a huge range here and he was the same with all of us.

You were known for musicals, like *Oklahoma!*, before you got the role in the very first X-Men. How did they come to choose you?

It was the luckiest thing

that ever happened to me. Seven months before I really got brought in, someone else got the part and finally when things fell through for (Dougray) Scott, who was cast in another film. ... It just so happened that I was in L.A. that week. It was a lot of the skies certainly aligning.

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Jared Leto ALL IMAGES GETTY

Leto lets us in on his troubled, drug-fuelled past

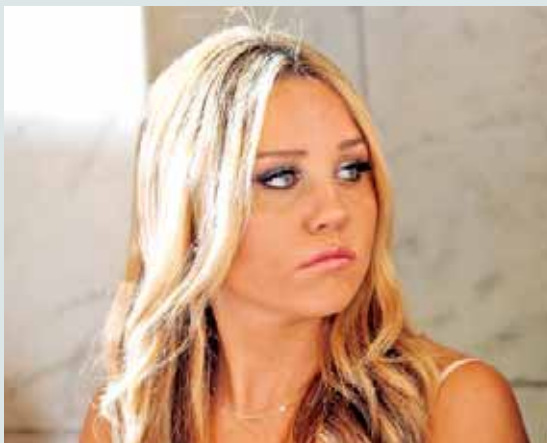
It turns out Jared Leto's own teenage years were a lot more dramatic than what he played on *My So-Called Life*. In a Letter to my Younger Self for the U.K.'s *Big Issue*, Leto admits to a pretty rocky adolescence. "If I met the teenage Jared now the first thing I'd notice would probably be that my wallet was missing," he writes. "I was in trouble quite a bit with the authorities, any person who made

rules or the law. Probably a lot of my behaviour was related to doing drugs." Leto even cops to considering some different career paths. "I was at a crossroads in life when I was 16," he admits. "I didn't know I was going to be an actor. I thought it might be an artist or a painter. Or maybe a drug dealer. But I didn't know which path I would take. It's just fortunate that I chose one over the other."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Bynes being held after fire incident in California

Amanda Bynes' return to California went south pretty fast, with the troubled actress detained by police and put on a 72-hour psychiatric hold after reportedly trespassing and setting a small fire on a neighbour's property, according to police reports obtained by TMZ. "I see this girl with her pant leg on fire and a gas can trailing fire through the driveway," local resident Andrew Liverpool tells E!

News. "She put the fire out on her leg and was rushing over to her dog. I kicked the gas can over and moved it to the middle of the driveway so nothing else would catch on fire. I said, 'Are you OK?' She was kind of frantic and discombobulated." Bynes allegedly attempted to flee the scene in a taxi, with police cars chasing after. The troubled actress returned to California because she "was unable to find any place to live in New York City because of her bizarre behaviour," a source tells Radar Online. "No one would rent an apartment to her. She does own a house in Calabasas. It's unclear how she got to California from New York."



Twitter



@lenadunham

Makeup artist pointed to my pimple. Other makeup artist said "yeah, that's the one I was telling you about yesterday."



@rihanna

So I have to wait 'til August 5th to get the 2nd season of "Girls" on Apple TV????!!!! Whyyyyyyyyyyyyy?????



@JuddApatow

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Lisa Kudrow

Kudrow urges all to forget about Friends the movie

Lisa Kudrow wants to be clear: There won't be a *Friends* movie, so please stop asking about it. "I knew there wasn't ever a movie. There was never a *Friends* movie. Ever. So I've always known it's not happening," she tells

CNN. "With this last rumour someone came up with a great graphic with the couch and it looked like a real teaser. And then someone came up with a fake story and got some publication to buy the lie that there was going to be a reunion. And I went, 'Wait a minute, was I not invited? Oh my God, maybe there is one and I wasn't asked to do it.' I even had a moment where I believed it because everything around it looked real. It was a good setup."

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This trend's got staying power

If you follow beauty blogs and magazines, you may have noticed that primers are the new "must" makeup artists swear by. We test out five to see which can stand the heat and humidity

ROMINA MCGUINNESS
Metro World News

By Terry Hyaluronic Hydra-Primer

The press release says the formula will reduce enlarged pores. But after putting it on, mine still looked like gaping holes. The formula felt heavier than I expected, but it gets high marks for staying power. Twelve hours and a sweaty yoga class later, I still had a full face of makeup on. \$59, spacenk.com



MAC Prep + Prime Skin Primer

Everything about this is shimmery — the packaging, tube and cream all contain glitter. So I expected this to give my skin a glow as well. No dice. But I liked that this primer made my skin feel smooth and oil free. However, it took me twice as long to wash my makeup off. \$29, maccosmetics.com

Estée Lauder Illuminating Perfecting Primer

Is that a glow I see? This primer brightened up my face and anchored down my BB cream, stopping it from sliding off my face. The texture is thick, but not pore-cloggingly so, and the formula, which includes shea butter, made my skin feel softer than usual. But I could do without the mattifying effect, which was too powdery for my taste. \$32, esteeclauder.com



Stila One Step Correct

This formula made my makeup look natural and healthy, leaving a dewy, smooth finish. And the colour correcting mousse managed to hide the stubborn red patches around my nose. Best of all, it lasted all day and I forgot I had anything on. \$36, stilacosmetics.com

Benefit 'That Gal' Brightening Face Primer

I tried this on a bad skin day. I was looking a bit sallow. But after trying it on, my cheeks looked rosy. It also gave my skin a smooth surface, hiding my scars and minimizing the size of my pores. Come bedtime — even after I had washed my face — my skin hadn't lost its glow. \$29, benefitcosmetics.com



3
THE



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Give 'em the finger

Rings double as finger armour

These rings from Maison Martin Margiela are designed to overlap over the finger, covering each joint like armour, and will most likely make working on that Excel spreadsheet a lot more fun. **KATHRYN GILBERT**



Best foot forward

Eight-hour heel

The newest Chrissie Morris heel still comes with stand-out details to excite the eye but doesn't go as far as to become a circus act for the feet. Because you can only get so much mileage out of a shoe covered in three-dimensional thunder bolts. chrissiemorris.com **KENYA HUNT**

Tried, tested, true? Will DDs bump BBs out of the ring?

Fight for the finish.

The first ever DD cream has just hit the market. Is it good enough to convert our BB-diehard beauty writer?

ROMINA MCGUINNESS
Metro World News

According to the press release, Julep's DD cream will "moisturize, prime, perfect and protect — both instantly and over time." That's a big claim. It is, after all, labelled a "do-all." The formula doesn't contain harmful chemicals such as parabens and phthalates, but it does come packed with a lot of other things such as a host of anti-aging agents, anti-

oxidants and a mixture of hibiscus and olive extracts.

The stuff that comes out of the tube is thick and dark, but surprisingly blends easily into my skin, which now feels soft and smooth. Do I see a faint glow? I take the cream for a test drive on a hot, sticky day. My face doesn't feel greasy in the slightest.

But when it comes to coverage, it's almost too discreet. By layer three, I give up trying to hide a small red patch on my upper lip and a blemish on my cheek. I'll have to use my BB

cream for that instead.

JULEP DD CRÈME
\$36



Travel. Kits to help you through vacation season

The approach of August means either the annual struggle to siphon shampoo into unwieldy mini bottles or the reluctant purchase of travel-size products you'd never buy otherwise.

If you're that traveller who, each year, finds herself unpacking and repacking on the airport floor, having tried to take one too many beauty products in-flight, consider Aesop's travel kits.

They've sized the sets according to international restrictions for carrying liquids on board, and the thoughtful design doesn't end there.

The kits are tailored to specific occasions: Jet Set is a small package for shorter trips, and Boston and London are catered to the different cities, with each set

including Classic Shampoo and Conditioner, Geranium Leaf Body Cleanser and Rind Concentrate Body Balm. But if you're struggling to let go of your tried-and-tested DIY approach, then upgrade those bottles with the Carry-on Kit.

Inject a bit of luxury into your luggage here.

KATHRYN GILBERT



Twitter

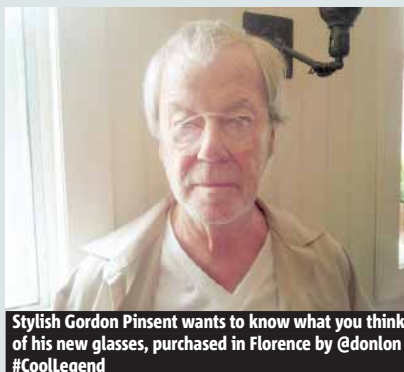


JEANNE SPACE
Jeanne Beker
life@metronews.ca

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Amazing neon set features B+W videos on each side of CUs. @JTimberlake + @JayZ rock the stage. Electric! @WILLIAMRast



Stylish Gordon Pinsent wants to know what you think of his new glasses, purchased in Florence by @donlon #CoolLegend

Trends Report

- One of the silly trends circulating the web is something called "bitchy resting face". Do you suffer from this, or do you even know what it is? Go online to Trends Report to find out, and if you do have BRF, read my tips on how to mask it.



Visit metronews.ca/voices/trends-report to find out more.



SCREENGRAB VIA BROKEN PEOPLE ON YOUTUBE

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WE ALL HAVE OUR REASONS...

"Join runners from around the world"
— Helene B, 36

"To prove that I can!"
— Cassandra F, 23

"For the challenge and for the charities that need our support"
— Isabel J, 29

"Live long for my kids and inspire them"
— Martin V, 41

"Feel like a hard-core athlete for the first time in my life"
— Joseph C, 57



Marathon • Half-Marathon • 5k

OCTOBER 20, 2013
STWM.ca



Doing the chicken dance with some mushrooms and a lettuce bowl

"(Lettuce Bowls with Shiitake Mushrooms and Hoisin Chicken are) a fast day version of a Chinese standard, and perhaps one for a day when you're feeling frilly and creative," writes Mimi Spencer in The FastDiet Cookbook. "You could add ... chopped water chestnuts for extra crunch — they're barely a blip on the calorie radar."

1. Heat a wok and spray with oil. Add the ginger and garlic and stir-fry for 30 seconds.

2. Add the cabbage, carrot, mushrooms, and bean sprouts.

Stir-fry for 2 minutes, till the vegetables are just cooked but retain their bite. Season with pepper and add hoisin sauce.

3. Add the shredded chicken and toss to mix.

4. Place 2 or 3 iceberg lettuce leaves in a wide-rimmed cup, making a bowl effect. Spoon the chicken mixture into the bowl and serve with a scatter of toasted sesame seeds. **ALL RECIPE TEXT COPYRIGHT © 2013 BY MIMI SPENCER LTD FROM THE FASTDIET COOKBOOK PUBLISHED BY ATRIA BOOKS, A DIVISION OF SIMON & SCHUSTER, INC.**

Ingredients

- Spray oil
- 1 tsp grated fresh ginger
- 1 tsp minced garlic
- 1/4 head Chinese cabbage, shredded
- 1 carrot, julienned
- Scant 2 oz (50 g) oyster mushrooms, chopped
- Scant 2 oz (50 g) shiitake

- mushrooms, stemmed and chopped
- Scant 2 oz (50 g) bean sprouts
- Ground white pepper
- 1 tbsp hoisin sauce
- 1 cooked chicken breast, shredded
- 2 or 3 iceberg lettuce leaves
- 1/2 tsp toasted sesame seeds

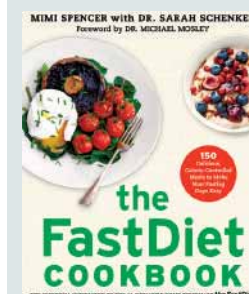
Lettuce Bowls with Shiitake Mushrooms & Hoisin Chicken



This recipe is only 329 calories per serving. COPYRIGHT © 2013 BY ROMAS FOORD FROM THE FASTDIET COOKBOOK PUBLISHED BY ATRIA BOOKS, A DIVISION OF SIMON & SCHUSTER, INC.

Cookbook of the Week

A new approach to weight loss



Dr. Michael Mosley's message is that it's possible to lose weight and reduce your risk of diabetes, cardiovascular disease and cancer, all while eating what you would normally eat five days a week. You simply cut your caloric intake two days a week — to 500 calories for women, 600 for men.

The new book, The FastDiet Cookbook, which was written by Mimi Spencer with Dr. Sarah Schenker, boasts 150 carefully crafted, nutritious, low-calorie recipes that range from simple breakfast to suppers. **METRO**

Skinny Bouillabaisse: keep rich flavour, cut back calories



"My sister Debs is incredibly skilled in the kitchen, having trained in the world-renowned kitchens at Ballymaloe in Ireland," writes Mimi Spencer in The FastDiet Cookbook.

"This soup is designed to bring all the rounded, rich flavour of a traditional French fish stew to your low-calorie fast day soup bowl. ... Notice the calorie count. Sing."

1. Heat the olive oil in heavy-bottomed saucepan over medium heat. Add the onion and fennel and cook, stirring occasionally, for about 5 minutes, till softened but not coloured.

2. Add garlic, ginger, chile, saffron, and paprika and cook for 2 minutes more, till fragrant.

3. Stir in the tomatoes, stock, sugar, and bay leaf, scraping the pan with a wooden spoon to release any stickiness on the base.

4. Season and simmer for 20 to 25 minutes. Gently lower the fish, mussels, and shrimp into the soup, cover the pan, and cook for 2 to 3 minutes till the fish and shrimp are just opaque

Ingredients

- 1 1/2 tsp olive oil
- 1 onion, thinly sliced
- 1 bulb fennel, trimmed and thinly sliced
- 4 cloves garlic, minced
- 1 tsp grated fresh ginger
- 1 red chile, finely chopped
- A generous pinch of saffron threads
- 1 tsp sweet paprika
- One 14-oz (400 g) can diced tomatoes
- 5 1/4 cups (1.25 liters) fish or

- vegetable stock
- 1/2 tsp sugar
- 1 bay leaf
- Salt and pepper
- 14 oz (400 g) white fish fillet, cut into chunks
- 8 mussels, scrubbed
- 8 large raw shrimp, peeled and deveined, tails left on
- A handful of fresh flat-leaf parsley, chopped
- Lemon juice, for serving

and the mussels have opened (discard any that have failed to open). Check the seasoning

and serve with a scattering of parsley and a squeeze of lemon juice to taste.

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GO farther: commuter life getting easier in Toronto

Lifestyle options. Urban professionals who still wish to maintain their downtown careers are seeking more affordable options elsewhere around the Golden Horseshoe



CONDO TRENDS
Duncan McAllister
life@metronews.ca

Whether it's traffic congestion, the land transfer tax or the high cost of housing, more and more people are looking to make the move away from Toronto.

With the GO train service, VIA rail, new regional transit ways and subway extensions, commuters are deciding to leave the car at home.

The city of Burlington has become an urban centre in its own right.

Adi Development's new Mod'rn Condos plans to serve the needs of both local workers and Toronto commuters.

According to president and CEO, Tariq Adi, "I know people that are of my demographic, between the age of 30 to 45 let's say, that do work in Toronto and do want to maintain that sort of cozy city feeling. They still want to have an urban type of lifestyle and they would choose to live in Burlington but still use the GO



Harmony Village in Barrie by City Core Developments. CONTRIBUTED

train."

North of Toronto, the city of Barrie introduced the Alandale Waterfront GO station in January of this year.

This is Barrie's second GO station and will serve the city centre.

According to architect Roland Rom Colthoff of RAW Design, "There's not a lot of lakefront left in Toronto that's affordable, but you can be on the lake in Barrie and then just take the GO train."

Colthoff is a principal in the design of Citycore's Harmony Village project on Lake Simcoe, which is close to the new GO station and only about an hour commute into Toronto.

"The idea is that hopeful-

ly the people moving here are going to be more transit-oriented than is traditional for Barrie," he says. "We're trying to promote reduced automobile usage."

And big changes are underway in the city of Vaughan.

The subway is being extended from Toronto into York Region and the Viva Next program will see a rapid transit way along Highway 7 with two dedicated bus lanes which will span the distance between Markham and Brampton.

The Cortel Group is developing the Expo City project, the first mixed-use residential development in what's being called the Vaughan Metropolitan Centre.

Vaughan Metropolitan Centre

The Cortel Group is developing the Expo City project, the first mixed-use residential development in what's being called the Vaughan Metropolitan Centre.

- VP Peter Cortellucci says that "different areas like Woodbridge, Thornhill, Concorde, Kleinberg, Maple, these areas have all developed very successfully as suburban communities. Now what they're doing is creating an identity for Vaughan itself, really the downtown core."



Peter Cortellucci, vice-president of the Cortel Group, which is building Expo City at the new Vaughan Metropolitan Centre.
RICHARD LAUTENS/TORSTAR NEWS SERVICE

Legal Matters

House defects at the 11th hour

I am selling my home privately and we signed an agreement in May that had, as a condition, a home inspection. We are scheduled to close at the end of this month and today received a request to repair a number of defects that were set out in the home inspection. We were not made aware of any of these when the house was inspected in May and don't think we should have to repair them a couple of days before we close.



LEGAL MATTERS
Jeffrey Cowan
home@metronews.ca

Typically, when a condition is included in an agreement of purchase and sale, there is a date by which the condition must be waived in writing or the deal is null and void.

It is not clear from your question if this waiver was obtained. If it was then you can refuse to address these issues. More importantly, if the condition was not waived but the date for so doing has passed, then technically, the deal is null and void. If the title requisition date has come and gone and the problems were not included in the purchaser's letter to your lawyer, you may have a good case for refusing to address these issues at the 11th hour.

Or perhaps you want to consider calling off the deal and looking for another buyer.

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the website at cowanlaw.ca



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DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Hunting for inexpensive travel accommodations is getting easier with the trendy pod-style, micro-tiny hotels popping up in popular destination cities, as well as options of living in someone's home from sites like AirBNB.com.

But not all places have the comforts of a 5-star hotel; truth be told, most would get between one to three stars. But shared bathrooms, living in a stranger's home and summer dorm rentals are a common and inexpensive way to see the world.

Here's a few travel companions to pack if adventuring out to stay at alternative accommodations. They're guaranteed to help turn a two-star room into a five-star hotel experience.



With a few items, you can survive the bare bones travel accommodations. ISTOCK IMAGES

Your senses

Add a small bottle of water and rid any room of dry air.
AIR-O-SWISS ULTRASONIC TRAVEL HUMIDIFIER, \$70, THEBAY.COM



Create a relaxing scent in your room, no matter where you might travel.
ESSENTS AROMATHERAPY HANGING TINY DIFFUSER, \$17, AMAZON.CA

Block out the lights of Broadway and the unfamiliar city sounds.
EYE MASK WITH EARPLUGS, \$8, SAMSONITE.CA



Your comfort

Make the bed feel like home and bring your pillow case; a great idea for those with skin sensitive to certain fabric types or detergents. Bonus: it becomes your dirty laundry bag at the end of the trip.

SEASONS STANDARD FLANNEL PILLOWCASES, \$25/SET, BEDBATHANDBEYOND.CA



Never sure of a comfortable mattress? For minimal space and weight, bring your own mattress; layer it on top of your existing bed or on the floor. Its also a great way to fit extra guests in your room, saving more money.



PAKMAT AIRBED, \$125, FOUND AT TARGET.COM

Your security

Keep one of these in the bottom of your luggage; if feeling iffy about your security then pop it under the door while in your room.

SWANN DOOR WEDGE STOP ALARM, \$13, CANADIAN Tire.COM



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BLUETOOTH LOCATION TRACKER, \$50/2 BUTTONS, BROOKSTONE.COM

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JETPACK COMPRESSIBLE PACKING SHELF, \$40, HEYS.CA



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Live the convenient mid-town lifestyle



Minto30Roe is 34-stories at Yonge and Eglinton. HANDOUT

Meet the condo

- **What.** Minto30Roe
- **Builder.** Minto Group Inc
- **Location.** Yonge and Eglinton
- **Website.** minto30roe.com
- **Pricing.** From \$325,900 to \$536,900

The project overview

The elegant 34-storey tower was designed to complement the classic charm of the Yonge-Eglinton community while embracing the future of the growing area. Minto30Roe offers one and two bedroom plus units at the centre of the popular mid-town hub.

Location and transit

Minto30Roe provides all the convenience of an active mid-town lifestyle with quick access to downtown via the Yonge subway line and construction of the Eglinton Crosstown LRT underway. The nearby Allen Expressway makes trips out of the city quick and easy.

In the neighbourhood

Yonge and Eglinton is home to both charming independent restaurants, shops and cafés, as well as larger chains and movie theatres. With nearby grocery stores and an LCBO, the options in the area are limitless.

Building amenities

Minto30Roe offers industry-leading wellness amenities, including a 6,000 square foot Movement Haus fitness centre and Kinesis wall, and à-la-carte gourmet cooking classes. Exquisitely-designed event and outdoor spaces include chef's kitchen and barbecues to accommodate every entertaining need.

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Rooftop Surfing

Prices continue to grow as sales still down



BRYAN TUCKEY
President and CEO of the Building Industry and Land Development Association (BILD) can be found at twitter.com/bildgta, facebook.com/bildgta and bildblogs.ca.

The decline of housing affordability continues to drive down sales in the GTA's new homes market.

Last week BILD released figures for the first half of 2013 showing new home sales added up to the second-lowest in a decade and 34 per cent below the long-term average.

Sales in the high-rise sector were down to 7,380 units in the first half of 2013. As a result, the high-rise market has produced the second-lowest results in a decade and is 19 per cent below the long-term average. As I've mentioned in some of my earlier columns, affordability continues to be a challenge for new home purchasers in the GTA. Constrained land supply, stricter mortgage lending rules and rising government fees and charges have all contributed to

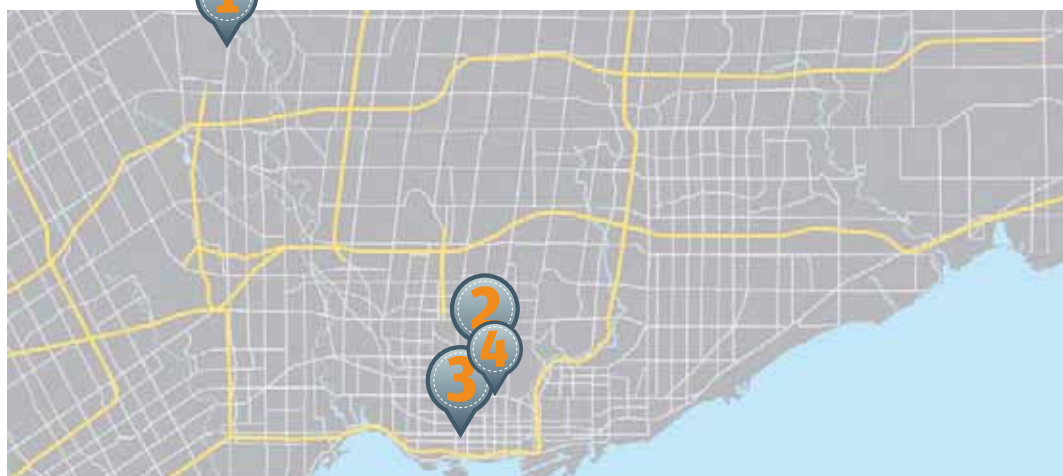
the diminished affordability and choice in the GTA's new homes market. The GTA market has no shortage of demand, as evident by the 100,000 new residents that choose to move here every year, but supply is a bit more complex.

Following the introduction of Places to Grow, which placed an emphasis on intensification across the province, land supply saw a sharp decline.

In July 2012, the Bank of Canada's new, stricter mortgage lending rules took effect in an effort to cool down the housing market. These new rules made it more difficult for homebuyers to pay off their loans and severely reduced consumer confidence, resulting in a dramatic decline of sales immediately following its implementation.

Earlier this year, BILD commissioned a study to show how much government fees and charges influence the cost of a new home in the GTA. The report showed that on average, one-fifth of that cost could be attributed to a variety of government fees and charges. BILD is always at the table, working with all levels of government to ensure that our industry can build safe, affordable, quality homes for new homebuyers across the GTA.

What's hot on the condo market



1. Vaughan

Barbecue event: Impressions Kleinburg community in Vaughan. Head to Hwy. 27 and Major Mackenzie Drive, July 27 from 12 to 3 p.m.

CONTACT: CALL 905-893-4346 OR VISIT PARADISEHOMESCORP.COM TO REGISTER

2. Yorkville

Open house: Upper Yorkville condos. Several suites available. Head on over to 128 Pears Ave., in the Annex, July 27 and 28 from 12 to 5 p.m.

CONTACT: CALL 905-326-4000

3. Downtown

Cashback Incentive: Cinema Tower condos by Daniels. Receive a ticket for thousands in savings. Visit the sales centre at 325 Adelaide St. W.

CONTACT: CALL 416-203-2020 OR VISIT CINEMATOWER.COM

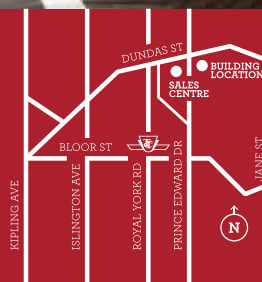
4. Yonge & Bloor

Open house: The Uptown Residences. Several suites available. Head over to 35 Balmuto St. in the Bay Street corridor, July 27 and 28 from 2 to 4 p.m.

CONTACT: CALL 905-326-4000

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Rolling out

Toilet paper too dull?

Beyoncé reportedly asked that all bathrooms be stocked with red toilet paper during her Mrs. Carter world tour. Is she a demanding diva? Or just fashionable.

There isn't a lot of choice when it comes to the world of toilet paper — especially from a decor perspective. But this summer, Renova — a European paper company — is making its North American debut, rolling out its

line of coloured paper products in Loblaws, Metro and Walmart.

Options include fuchsia, green, blue, purple, orange, red and black three-ply toilet paper. The rolls also have a light scent and touch of moisturizing lotion. Pop on a roll when you're hosting a party, staging your home, or just trying to brighten the room.

The company says the rolls are eco-friendly and dermatologically tested. They also sell scented pocket tissues, colourful paper serviettes and animal-print toilet paper for kids. **METRO**



Add some orange toilet paper and brighten up the room.
HANDOUT

Summer DIY: High expectations, low budgets

LINDA CLARKE
Metro World News

Summer is prime time to get around to those home improvement projects we've been putting off all year, but many of us have had to further delay getting to work because of a tight budget.

Luckily, Danny Ruby of Refine Construction has good news for those of us with both light wallets and light fixtures that need repairs.

The Massachusetts-based builder says that there are many ways to save money and still achieve a first-class finish that you'll love to live with and will

Pro tip

- "Demolition is one thing you can do yourself to save some money," says Ruby. "Tearing down the existing interior so that it can be redone is pretty straightforward, as long as you have your contractor tell you specifically what needs to be torn down."

add value to the property when it comes time to sell.

Metro asked Ruby for money-saving tips for your next home improvement project for your home's most lived-in rooms.

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— Devin



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— Sue

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The kitchen

Buy ready-to-assemble cabinets and put them together yourself. Also, check online for better deals than you may find in stores; this goes for most other items, including lighting and fixtures. Granite holds up well and adds value to a home, but it can be a bit pricey. Dark granites are often cheaper than the lighter shades, so start there and shop around. Really, you can find the exact same piece of granite at different stores for very different prices.



The bathroom

Don't forget the power of paint. Update an area quickly by adding a new, fresh colour to the walls or a piece of furniture. In a bathroom, an old vanity doesn't always have to be replaced, sometimes it can be painted and end up looking brand new. Don't move plumbing, as it adds cost very quickly. You can easily update a kitchen or bathroom without touching the actual plumbing, like sinks and tubs.



The bedroom

Consider installing ceiling fans instead of central light fixtures. It will help keep you cool over the summer. Put your money toward something that will have added benefit later by cutting down on AC costs. Things like trims and mouldings can make a huge difference in the final product. Remember, the thicker the moulding, the more expensive it is. Your best bet is to go with a smaller moulding. It will still add character and class to the room without breaking the bank.



Quit playin' games with your lawn: learn to landscape

DIY ideas.

Landscaping can be a big investment, so it's important to determine what's right for your yard before making any final decisions

Plan for your next landscaping project with eight essential tips from Yardcore on DIY Network Canada.

1) Set a boundary

It's important to define a border between your lawn and your garden using edging.



Use the edging technique to set a boundary between your lawn and garden. Not only does it look good, but it will keep grass from creeping into your flower bed. ISTOCK IMAGES

This can be for esthetic purposes, as well as to keep grass from creeping into your flower beds.

There are multiple options for edging when it comes to material and price, including a cheaper plastic or a more expensive steel or stone.

2) Water it down

It's crucial to make sure your lawn gets enough water during hot summer months.

Many simple irrigation systems include a timer feature that allows you to schedule when your lawn should be watered.

3) Keep it healthy

Mulch is a protective cover-

ing that not only enhances the decor of your landscape, but also helps to maintain and enrich the soil by preventing the evaporation of moisture, controlling weeds and stabilizing soil temperatures.

4) Quality soil

Investing in higher quality soil from the beginning makes it more likely for

your plants to grow well and can prevent you from having to replace a cheaper option if the roots of your plant can't penetrate the soil.

5) Drain away

Spread a layer of soil in places where the ground is lower than usual in your planting space.

This will help even out

the soil and improve drainage.

6) Under the sun

Consider the amount of sunlight your plants will receive when choosing what to plant and the location.

If your plants receive too little light, they won't thrive. On the other hand, if they receive too much light they may burn.

7) Keep it well maintained
It's important to recognize how much time you are able to devote to maintenance of your yard.

Certain features such as a pool, wood deck or large vegetable garden require a great deal of upkeep to continue to look well-maintained.

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Keep a budget

- Landscaping can become an expensive undertaking.
- By keeping a budget and planning your projects

before you execute, you'll be able to determine what the best investments will be for your landscaping needs.



Graham DeLaet is one of 18 Canucks in the field at the 2013 RBC Canadian Open at Glen Abbey Golf Club. DAVID COOPER/TORSTAR NEWS SERVICE

Pressure on Canucks to end long drought

Canadian Open. Last homegrown talent to win tournament was Vancouver's Pat Fletcher in 1954

National opens always put pressure on the homegrown players, but the expectations are particularly high this week at Glen Abbey Golf Club in Oakville, Ont.

There are 18 Canadians in the field for the 2013 RBC Canadian Open — one of the largest home-country turnouts in

the modern history of the tournament — and they're all looking to end a 59-year drought. No Canadian has won the event since Pat Fletcher of Vancouver in 1954.

If anyone can understand the high expectations, it's former Masters champion Mike Weir.

"There is that added feel and pressure, no question," the Brights Grove, Ont., native said Wednesday. "It can be a good thing, though, to get the crowd behind you," he added. "Get some momentum going, and you can feed off the crowd."

Weir is joined by fellow Ontarians David Hearn from

Brantford, Mackenzie Hughes from Dundas, Toronto's Albin Choi, Ottawa's Brad Fritsch, Peter Laws from Milton, Brian Hadley from Sarnia and amateur Corey Connors of Listowel.

British Columbia is also well represented with Abbotsford's Adam Hadwin, Victoria's Kevin Carrigan, Merritt's Roger Sloan, Comox's Riley Wheeldon, as well as North Vancouver's Bryn Parry and Eugene Wong and amateur Adam Svensson from Surrey in the field.

Calgary's Stephen Ames, Graham DeLaet of Weyburn, Sask., and Eric Banks of Truro, N.S., will also tee off Thursday on the 7,253-yard, par-72

course.

The added burden on the Canadians has not gone unnoticed by others in the 156-player field. Hunter Mahan, from Dallas, feels that Canadians are under more pressure to win the Canadian Open than Americans are to win the U.S. Open.

"I don't feel like there is a pride factor (in the U.S.) like there is in Canada," said Mahan.

"You know, when you have a drought that long, I think you have to start really wanting it and start hoping. It becomes a focus of everyone this week, so I think they have a great chance." **THE CANADIAN PRESS**

MLB

Will injuries, PEDs end A-Rod's career?

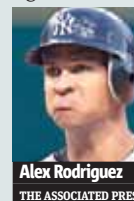
Alex Rodriguez certainly leads the New York Yankees in headlines this season, even though he hasn't played a single major league game.

Rodriguez faces discipline from Major League Baseball in its drug investigation, possibly up to a lifetime ban.

"The likelihood of a severe punishment for Rodriguez is very high," former commissioner Fay Vincent said Wednesday.

The three-time AL MVP who turns 38 Saturday is among more than a dozen players MLB has targeted following allegations they were linked to a Florida clinic accused of distributing performance-enhancing drugs.

THE ASSOCIATED PRESS



Alex Rodriguez
THE ASSOCIATED PRESS

Murder case

Hernandez hearing delayed

A judge on Wednesday gave prosecutors more time to present evidence to a grand jury in their murder case against former New England Patriots tight end Aaron Hernandez.

Hernandez was in court for what was supposed to be a probable cause hearing, but prosecutors said the grand jury is still considering the evidence against him.

THE ASSOCIATED PRESS

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Argos coach hopes rusty rookie can be his man of Steele

CFL. Toronto looks to fill void left by injured RB Kackert as backup QBs prep for Ricky Ray's possible absence

They've known all along that the defence was young and would need time to come together.

Now there's a chance the Argonauts will have to play their next game with inexperienced replacements at two key offensive positions.

With the status of quarterback Ricky Ray in doubt and tailback Chad Kackert definitely on the shelf, head coach Scott Milanovich could be looking for unproven talent to face the B.C. Lions on Tuesday night at the Rogers Centre.



Argos QB Ricky Ray could be absent versus the Ticats on Tuesday.
TOM SZCZEBOWSKI/GETTY IMAGES

Kackert is out four-to-six weeks with a knee injury and Milanovich will be looking to rookie Curtis Steele to fill in.

"He (Steele) had a great

Back to work

Veteran linebacker Brandon Isaac signed with the Hamilton Tiger-Cats on Wednesday, a day after being released by the Argonauts.

- The signing of Isaac comes a day after Hamilton released veteran linebacker Markeith Knowlton, the CFL's outstanding defensive player in 2010.

pre-season and we have a lot of confidence in him," Milanovich said. "We have been trying to prepare him for this because when you are the backup tailback anything can happen."

"His No. 1 job is to protect the quarterback."

TORSTAR NEWS SERVICE



Jays swinging for blue fans

The Blue Jays' Brett Lawrie hits a double to drive in two runs against the Dodgers during the fifth inning of their game Wednesday in Toronto. For more on the game go to metronews.ca. JON BLACKER/THE CANADIAN PRESS

MLSE

Leiweke the last hope?



CATHAL KELLY
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One of the first things Tim Leiweke did when he arrived as the new boss at Maple Leaf Sports & Entertainment was ask that stickers strewn throughout the premises that read "Winning is everything" be removed.

Finally. Someone who speaks English.

If winning really is everything, MLSE is the world's foremost physics research facility. It's where all the nothingness is stored.

Leiweke is the first incumbent with the bona fides to manage this. It's hard to think of anyone on the sports landscape with as much juice.

I'll write it in permanent marker: If he can't fix this problem, then I believe no one ever will.

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Horoscopes

Aries

March 21 - April 20

If you approach a difficult task with confidence today, you will do an excellent job of it and impress a lot of people. But don't go over the top and go around shouting what a winner you are. Be modest.

Taurus

April 21 - May 21

There are some annoying people out there and you must promise yourself that, whatever the provocation, you won't lose your cool. If you do, you may lose other things too.

Gemini

May 22 - June 21

Your ideas may be good but you need to find ways to make them pay. It shouldn't be difficult but bear in mind: some people will be negative, no matter how much you achieve.

Cancer

June 22 - July 23

Be extra careful with your cash, investments and other commercial interests today. Most importantly, don't let anyone push you into signing something you are not 100 per cent sure about. Just say "no".

Leo

July 24 - Aug. 23

You may think you can force others to go along with your plans, but it's not the best strategy. If they don't want to accompany you on your journey, they would be a liability anyway.

Virgo

Aug. 24 - Sept. 23

Turn your back on the past and move into the bright future that awaits you. You can't do it all at once, but you must be serious about it. There have been far too many false starts.

Libra

Sept. 24 - Oct. 23

Everyone you meet seems determined to point out where you've been going wrong. But you don't have to agree with them. Smile sweetly, nod in agreement then carry on doing what you're doing.

Scorpio

Oct. 24 - Nov. 22

You may be bored and looking to inject excitement into your life but don't go too far and annoy people on whom you may depend. That is especially important on the work front.

Sagittarius

Nov. 23 - Dec. 21

The message of the stars today is that you should keep your head and not try to impose your will on others. However big and tough a Sag you may be, there is always someone bigger and tougher out there.

Capricorn

Dec. 22 - Jan. 20

It's not like you to make a drama out of a crisis but the cosmic picture is making it hard to see anything but problems. Think positive and circumstances will improve.

Aquarius

Jan. 21 - Feb. 19

Someone may be acting selfishly but there is no need to provoke a fight. That could be exactly what they are hoping for as they need to take their aggression out on someone.

Pisces

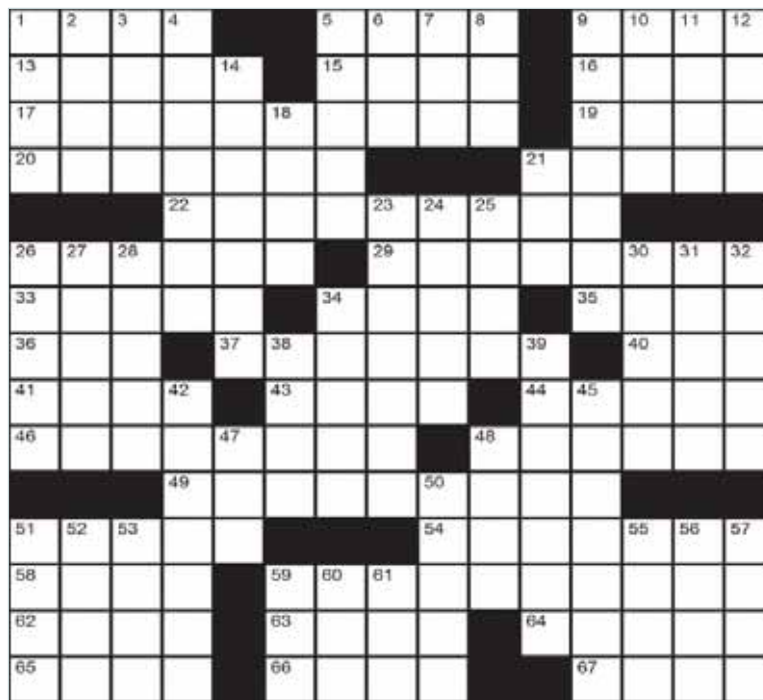
Feb. 20 - March 20

The answers you get depend on the questions you ask and if you ask intelligent questions about your life and the direction it is moving, you will get all the answers you need today. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Coliseum, e.g.
- Part of BYOB
- Exchange
- Tropical tubers
- Approximately: 2 wds.
- Roll Call list-ee's response
- Swimming style, quite literally
- Largest continent
- "Forget it!", colloquially: 2 wds.
- Go in
- Person-on-a-pulley fun
- Central Alberta town
- General of Canada
- Clan on "Dallas"
- Mr. Gooding Jr.
- "Able was ____" (Palindrome start)
- Carried out
- Pushes beyond the limits
- Eliminate
- Lettered-land 'til 1991
- Phyllis Diller's husband's name from her stand-up act
- Skin care company
- CFB __, in Ontario
- Committees
- War of 1812 vessels: 2 wds.
- "Rock You" Canadian hard rock band
- name (Alias)
- Herman Melville



Down

- Egyptian sun god, variantly
- Kind of shark
- Advantages
- Earth-to-sky 'meeting' place
- Bumpkin
- Mythical monster
- Miley Cyrus song: "Party in the ____"
- Plunder
- "Remember (Walking in the Sand)" by The ____ Las
- The ____ Coast
- India ____ (Singer/songwriter)
- Seckel is a sort
- Orchestra section
- Seven: French
- Compass point
- Some lizards
- "It's ____ deal" (Don't worry about it)
- Drizzling dogs experimenter, ____ Pavlov
- Resulted in, ____ to
- Actor, Stephen ____
- Li'l job
- Pot

Yesterday's Crossword

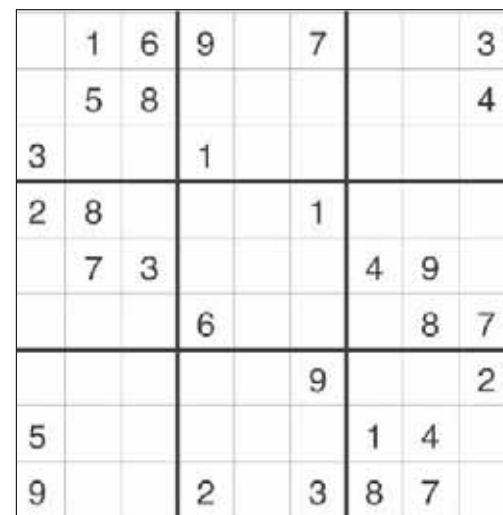


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today



24°/14°
Mainly sunny

Friday



24°/16°
Sunny

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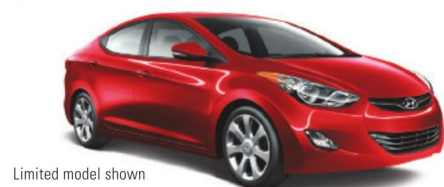


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